



St John's Catholic Parish

Brunswick Valley

"I am here among you as one who serves." Luke 22:27



A reading from the holy Gospel according to Matthew 5:13-16

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

Reflection

'Education is not only the transmission of content,' Pope Leo says, 'but also the learning of virtues. It forms citizens capable of serving and believers capable of witnessing, men and women who are freer, no longer alone.'

Making these comments, the Pope wants us to recapture the true core of the Church's mission to educate.

He encourages us to make sure our schools become 'an environment in which faith, culture and life intertwine ... a living environment in which the Christian vision permeates every discipline and every interaction.'

But he also notes what takes place outside of schools and universities. The family, he reminds us, 'remains the first place of education'.

In these changing times, he suggests, we must avoid any 'technophobia' that would see us withdraw from opportunities to put forth the Christian message – not only by teaching, but first and foremost by witness.

We do well then, to foster 'an educational style that promotes respect, personalised accompaniment, discernment and the development of all the human dimensions.' We should also embrace an educational mindset that 'is fulfilled and strengthened also through the contemplation of Creation'.

At certain moments, we are all educators. We therefore have an important vocation to, as the Pope puts it, 'cultivate a heart that listens, a gaze that encourages, and an intelligence that discerns.'

© Nick Brodie

8 February 2026

5th Sunday in Ordinary Time, Year A

1st Reading:
Isaiah 58:7-10

Psalm:
(R.) *A light rises in the darkness for the upright.*

2nd Reading:
1. Corinthians 2:1-5

Gospel Acclamation:
Alleluia, alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.
Alleluia!

Gospel:
Matthew 5:13-16



Next weeks readings

6th Sunday in Ordinary Time, Year A

1st Reading:
Sirach 15:15-20

Psalm:
Ps 118:1-2, 4-5, 17-18, 33-34:
Rv.1

2nd Reading:
1. Corinthians 2:6-10

Gospel:
Matthew 5:17-37



BAPTISM'S - OUR LADY OF LOURDES CHURCH

"Welcome Madison Parker, Estelle Gulia and Oscar Gulia to St John's Community"

Madison is the daughter of Tamara and Daniel Parker.
Estelle and Oscar are the daughter and son of Petria and Joshua Gulia.

The children were baptised at Our Lady of Lourdes Church on Sunday 1 February.
Congratulations!



ST JOHN'S PRIMARY SCHOOL - MULLUMBIMBY ST JOHN'S FEAST DAY

The school is celebrating a **Whole School Mass on 10 February at 9.30am**
at St John's Church, Mullumbimby.

PRAYER

God our Father,
Your power brings us to birth,
Your providence guides our lives,
and by Your command we return to dust.

Lord, those who die still live in Your presence,
their lives change but do not end.

I pray in hope for my family,
relatives and friends,
and for all the dead known to You alone.

In company with Christ,
Who died and now lives,
may they rejoice in Your kingdom,
where all our tears are wiped away.
Unite us together again in one family,
to sing Your praise forever and ever.

Amen



FUNERAL DETAILS - Mary Polidano

30 January 1944 - 31 January 2026

Mary passed away peacefully surrounded by her children and grandchildren in Mullumbimby.

The funeral will be celebrated with a Requiem Mass at
**St John's Church,
Mullumbimby**
Wednesday 14 February at 2:15 pm.

Safeguarding Office.



The Safeguarding Office is available:
to listen to your concerns respectfully, offer support, and provide guidance in embedding Safeguarding Standards.

Phone (02) 6621 9444 email:safeguarding@lismore.catholic.org.au



Interest Rate – 3.40%

For further information and our current interest rate, please visit our website www.dif.org.au or contact us on 1800 802 516

Save
the Date

WEEKLY

Confession

Thursdays 5-5.20pm
Our Lady of Lourdes,
Brunswick Heads

MONTHLY

Sunday Morning Tea

1st Sunday
St John's Church,
Mullumbimby, after Mass

Coffee Gathering

2nd Wednesday 10.30am,

Mullumbimby Ex Services Club

FEBRUARY CANCELLED

DUE TO FUNERAL

Rosary Team Meeting

2nd Saturday

STARTS FEBRUARY 2026

Day and time to be advised
monthly - in Bulletin

SAVE THE DATE

St John's Primary School

10 February 9.30am

St John's Church,

Mullumbimby

Whole School Mass

Theme is St John's Feast Day

HOLY SPIRIT CATHOLIC PARISH

WEEKLY MASSES

St Finbarr's, BYRON BAY

Friday 9.30am

Saturday 6pm

St Kevin's, BANGALOW

Sunday 9.30am



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ST JOHN'S SCHOOL

Link to school website

[Home - St John's Primary School Mullumbimby](#)



School News: Walking Together in Faith and Action

We are excited to share that in 2026, St John's is launching a partnership with **The Resilience Project**. This award-winning program focuses on three evidence-based pillars: **Gratitude, Empathy, and Mindfulness (GEM)**.

As a Catholic community, we see a beautiful synergy between these principles and our Gospel values. In particular, the practice of **Mindfulness** within the program will be integrated with our daily **Christian Meditation**, allowing students to find stillness and connect more deeply with the presence of God.

I will include a weekly GEM tip in my parish bulletin excerpt for a few weeks.

We look forward to seeing our students grow in resilience, happiness, and faith throughout the coming year.

Week 1: Focus on Gratitude

Tip: Try the "Three Happy Things" ritual at the dinner table. Ask each family member to share three specific things that went well today. Research shows that scanning the world for the positive - rather than the negative - rewires our brains for happiness.

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." (1 Thessalonians 5:18)

God bless.

Dave Bermingham

Principal of St John's Primary School

ROSARY MEETING

The monthly meeting of the Rosary Team will be held at the home of Gwen De Costa, 31 Stuart Street, Mullumbimby on Saturday 14 February at 9:30 am.

This month's reflection is on Luke 2:22-32 – The Presentation in the Temple. *"Simeon held a child in his arms and allowed his heart to speak. We should also speak with God in a personal way allowing our heart to speak".*

New team members welcome. Phone Gwen on 0492 920 669.

Est 1979

CHINCOGAN REAL ESTATE

Adam Mangleson

Principal

M. 0414 804 016

[E. adam@chincogan.com.au](mailto:E.adam@chincogan.com.au)

www.chincogan.com.au



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