



# St John's Catholic Parish

Brunswick Valley

"I am here among you as one who serves." Luke 22:27



## A reading from the holy Gospel according to Matthew 5:1-12

*Happy are the poor in spirit.*

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

‘How happy are the poor in spirit:  
theirs is the kingdom of heaven.

Happy the gentle:  
they shall have the earth for their heritage.

Happy those who mourn:  
they shall be comforted.

Happy those who hunger and thirst for what is right:  
they shall be satisfied.

Happy the merciful:  
they shall have mercy shown them.

Happy the pure in heart:  
they shall see God.

Happy the peacemakers:  
they shall be called sons of God.

Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.

‘Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.’

## Reflection

To follow Jesus does not mean merely that one travels with him from place to place. It means that one learns from him, that one follows his manner of life and his way of thinking. To follow Jesus means to follow his example in the way he respects himself and other people, in his use of the things of the natural world. It means that one listens to what he says, and asks for an explanation when what he says is not understood. All of this requires that the disciple be a learner, one who can learn from the life of Jesus as well as from his teaching.

The first lessons that the disciples must learn are found in the beatitudes. The same lessons are placed before us, the modern-day disciples. The setting of Jesus' teaching is so serene; a mountain apart, a teacher with his disciples gathered around him, simple statements that are coupled with glorious rewards. However, the reality of the lessons is in stark contrast with this tranquil scene. These beatitudes, these blessings call for profound inner transformation.

*(Continued on page three)*

**1 February 2026**

**4th Sunday in Ordinary Time,  
Year A**

**1st Reading:**

Zephaniah 2:3, 3:12-13

**Psalm:**

*(R.) Happy the poor in spirit,  
the kingdom of heaven is theirs!*

**2nd Reading:**

1. Corinthians 1:26-31

**Gospel Acclamation:**

*Alleluia, alleluia!*

Rejoice and be glad;  
Your reward will be great in  
heaven.  
*Alleluia!*

**Gospel:**

Matthew 5:1-12



**Next weeks  
readings**

**5th Sunday in Ordinary Time,  
Year A**

**1st Reading:**

Isaiah 58:7-10

**Psalm:**

Ps 111:4-9. R.v.4

**2nd Reading:**

1. Corinthians 2:1-5

**Gospel:**

Matthew 5:13-16



(Continued from front page)

## Reflection

The gospel outlines the kind of person the disciple is to become; the psalm sketches the program to which the learner is called. The disciples of Jesus are not merely his followers; they also continue the work that he began. In whatever circumstance of life we find ourselves, as disciples of Jesus we work to sustain the good that is in the world and to transform whatever needs transformation.

© Dianne Bergant CSA

## BAPTISM'S OUR LADY OF LOURDES CHURCH - SUNDAY 1 FEBRUARY 11AM

Baptism is a sacrament that signifies spiritual rebirth, forgiveness of sins, and initiation into the Christian community, marking the beginning of a person's journey in faith.

We welcome to the Sacrament of Baptism this Sunday along with their families and friends who will be sharing this important occasion with them.



*Madison P  
Oscar G  
Estelle G*



Madison, Oscar and Estelle will be presented with their Baptism candle. The candle represents the light of Christ, guiding the newly baptised on their faith journey. The candle's white wax symbolises the purity of Christ, while the wick signifies His humanity and flame represents His divine nature. The baptismal candle is lit from the Easter Candle, symbolizing the risen Jesus as the light of the world. Additionally, it serves as a reminder for the baptised to keep the flame of faith burning throughout their lives.

## CHURCH VOLUNTEERS

*How can you help?*

As the new year starts the Parish needs more volunteers to help make everything run smoothly and spread the load! If you can help with any of the areas of need **please write your name and contact number on the worksheet** at the back of the Church.

**Some areas of need are:**

Welcomers, readers, sacristy help, ministers of Communion, morning teas.

*Many thanks to all who already help out.*



**VOLUNTEERS NEEDED**



### Safeguarding Office.

The Safeguarding Office is available:  
to listen to your concerns respectfully, offer support, and provide guidance in embedding Safeguarding Standards.

**Phone (02) 6621 9444**

**email:safeguarding@lismore.catholic.org.au**



**Interest Rate – 3.40%**

For further information and our current interest rate, please visit our website [www.dif.org.au](http://www.dif.org.au) or contact us on 1800 802 516

# Save the Date

## WEEKLY Confession

Thursdays 5-5.20pm  
Our Lady of Lourdes,  
Brunswick Heads

## MONTHLY

**Sunday Morning Tea**  
1st Sunday  
St John's Church,  
Mullumbimby, after Mass

## Coffee Gathering

2nd Wednesday 10.30am,  
Mullumbimby Ex Services Club

## Rosary Team Meeting

2nd Saturday  
**STARTS FEBRUARY 2026**  
Day and time to be advised  
monthly - in Bulletin

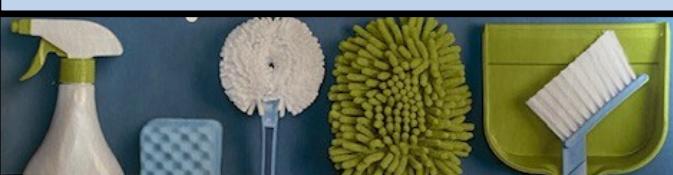
## HOLY SPIRIT CATHOLIC PARISH WEEKLY MASSES

**St Finbarr's, BYRON BAY**  
Friday 9.30am  
Saturday 6pm

**St Kevin's, BANGALOW**  
Sunday 9.30am



## GIO'S CLEANING SERVICE—BYRON SHIRE



House cleaning, Windows, Business and Office, Construction cleaning, Walls,  
Pressure cleaning

House cleaning  
and Pressure  
cleaning

Call Giovanni

0433535810

## ST JOHN'S SCHOOL School News: Walking Together in Faith and Action

As we prepare to open our gates for the 2026 school year, our staff spent this past week gathered in professional learning, prayer, and preparation. Our theme for the year, "**HIKING TOGETHER in Faith, Courage and Action,**" set the tone for a week of collaboration and spiritual growth.

### A Productive Week of Preparation

Our dedicated teachers and staff officially returned on Tuesday, January 27th. We kicked off the week with a community coffee at The Paddock before diving into the **2026 School Annual Improvement Plan**. Throughout the week, staff participated in several key workshops:

- **Faith & Mission:** Ellie led us in daily Christian Meditation and prayer. We also finalised our 2026 Formation Plan and developed our Class Retreats Scope and Sequence to ensure our Catholic identity remains at the heart of everything we do.
- **Wellbeing:** Dave facilitated "The Resilience Project" workshops, focusing on resources and planning to support our students' mental health and emotional literacy from Day 1.
- **Teaching & Learning:** On Thursday, Naomi and Kimberley led intensive sessions on "How Students Learn," exploring evidence-based practices to ensure every child in our classrooms can thrive.

### Making a Splash!

The week concluded with a burst of energy and school spirit at our **Annual School Swimming Carnival** on Friday. It was wonderful to see our students back in the water, cheering for their houses and demonstrating great sportsmanship. Thank you to all the staff and parents who helped make the day a success.

### Welcome Back: Monday, February 2nd

We are officially ready! We extend a very warm welcome back to all our returning students and a special "welcome home" to our new families joining our community.

**School officially commences Monday, February 2nd.** We look forward to a year of "hiking together" as we grow in faith and knowledge. May God bless our school community as we begin this new journey.

*God bless.*

*Dave Bermingham, Principal of St John's*



### SUNDAY MORNING TEA

Our next morning tea is on **Sunday (1 February)**  
following 8am Mass at St John's Church, Mullumbimby.  
*All Welcome - Feel Free to bring a plate.*

Est 1979

## CHINCOGAN REAL ESTATE

**Adam Mangleson**  
Principal

**M. 0414 804 016**

E. adam@chincogan.com.au

**www.chincogan.com.au**



Licensed Real Estate Agent  
Stock & Station  
Business Agent